

NSW Seniors Festival

1-12 Feb 2023

Celebrate together



Event bookings open 9am 4 January 2023
wsc.nsw.gov.au/seniors



It's time to celebrate together!

Wingecarribee Shire Council acknowledge the Gundungurra and Tharawal peoples as the Traditional Custodians of the lands where we work and live. We celebrate the diversity of Aboriginal peoples and their ongoing cultures and connections to the lands and waters of NSW. We pay our respects to Elders past, present and emerging.

Welcome

to the Wingecarribee Shire 2023 Seniors Festival!

This program lists the Wingecarribee Shire 2023 Seniors Festival events by date.

All events are free, unless otherwise stated.

Booking details are listed for each event and can be made through Wingecarribee Shire Council or the event organiser. Tickets can be booked online, by phone or in person.

Online bookings made through Eventbrite will receive tickets and event confirmation directly from Eventbrite.

If you don't feel comfortable making an online booking, call Council on **02 4868 0888**.

Some events involve physical activity. If you are unsure whether these events are suitable for you, please discuss your fitness level/physical limitations with the event organiser.

Covid safe measures will be in place for events. Stay up to date with your Covid and flu vaccinations, wear a mask when required and stay home if you feel unwell.

Every effort has been made to ensure the accuracy of this program, and all details were correct at the time of publication. Events are subject to change without notice.

Please check Council's website at wsc.nsw.gov.au/seniors for any additional events which may have been added after the program was printed. If you have any questions, please contact Council's Community Development Officer on **02 4868 0888**.

WED
1
FEB



SUN
12
FEB



NGUNUNGGULA | RETFORD PARK SOUTHERN HIGHLANDS REGIONAL GALLERY

Video Commission is a research and residency project created in partnership with Shark Island Institute. The brief is to commission, research, and discover what we can do together that we could not do alone.

The project pairs eight contemporary artists: Kate Blackmore & Diana Baker Smith, James Vaughan & Tom Polo, Matthew Griffin & Heath Franco, and Tony Albert & Serwah Attafuah.



Ngununggula
1 Art Gallery Lane
Bowral



10:00-16:00 MON-SUN
Daily tours at 11:00
No bookings required



4861 5348



[ngununggula.com](https://www.ngununggula.com)



Physically accessible venue



FREE



MOSS VALE WAR MEMORIAL AQUATIC CENTRE

The Moss Vale Aquatic Centre will be offering free pool entry to seniors for the duration of Seniors Festival. Water and land based fitness classes and swimming lessons will also be available during the 2023 Seniors Festival.

For more information and to make a booking, please check the Moss Vale Aquatic Centre website or give them a call.



Moss Vale War Memorial Aquatic Centre
8 Kirkham St
Moss Vale



06:00-21:00 MON-FRI
08:00-18:00 SAT
09:00-18:00 SUN



4868 1967



[mossvaleaquatic.com.au](https://www.mossvaleaquatic.com.au)



Physically accessible venue



FREE

MON to FRI



THE ATRIUM CIVIC CENTRE MOSS VALE

The National Trust's photographic exhibition *No Time to Spare, Southern Highlands* will be displayed at the Atrium for the duration of the 2023 Seniors Festival.

This exhibition highlights some of the "at-risk" heritage of the Highlands. The collection of photographs of the area has been created by Southern Highlands photographers.



Civic Centre
68 Elizabeth St
Moss Vale



8:30-16:30 MON-FRI
No bookings required



Select tours available.
Contact notime.sh@gmail.com or
02 4868 0888 for more information.



Physically accessible venue



FREE

MEN'S SHEDS



SOUTHERN HIGHLANDS MEN'S SHEDS

All Men's and Women's Sheds are open during Seniors Festival, all welcome.
No bookings required.

Bowral Men's Shed



28 Bendooley St
Bowral



08:00 - 15:00
TUE, THU



mensshed.com



4862 5285

Bundanoon Men's Shed



11 Burgess St
Bundanoon



09:00 - 13:00
TUE, WED, THU



bundanoonmensshed.asn.au



4883 6574

Colo Vale Village



28 Railway Ave
Colo Vale



09:00 - 12:00
TUE, THU





mensshed.org/sheds/colo-vale-village-mens-shed



0414 242 667

Mittagong Men's Shed Inc


 102 Diamond Fields Rd
Mittagong


 09:00 - 12:00
TUE, FRI

 [facebook.com/people/
Mittagong-Mens-Shed-
Inc/100064352784566/](https://facebook.com/people/Mittagong-Mens-Shed-Inc/100064352784566/)


 0438 014 178 or 0413 335 311

Moss Vale Men's Shed


 Moss Vale Showground Main Gate
18-20 Illawarra Hwy
Moss Vale


 08:30 - 13:00
TUE, THU

 mossvalemensshed.org.au


 [president@mossvalemensshed.
org.au](mailto:president@mossvalemensshed.org.au)

Robertson Men's Shed

 58-60 Illawarra Hwy
Robertson

 Men 09:30-15:00 TUE
Women 09:30-13:00 FRI
Mixed 18:00-21:00 WED

 robertsonmensshed.org.au

 0407 137 495

WED 1 FEB



CREATIVE SPACE DROP IN

Creative? Crafty? Interested in Art?

Meet Makers working during our Open Studio session and book in for an upcoming workshop/training.

No creative experience necessary! Meet people of all ages, work on projects together or just enjoy the ambience of an Art Studio to do your own thing.



Creative Space Southern Highlands
Units 6-7, 63-69 Kirkham Rd
Bowral (enter via Sherwood Ave)



09:30-12:00
No bookings required



[facebook.com/CreativeSpace
SouthernHighlands/](https://www.facebook.com/CreativeSpaceSouthernHighlands/)



Physically accessible venue (close to
Bowral Station, parking available)



Gold coin donation



DAY TRIP: SOURCING LOCAL FOOD & SUPPORTING LOCAL ECOLOGY

Join us on a tour of Mussett Holdings Farm, followed by a visit to Wariapendi Native Nursery.



Wariapendi Native Nursery
33-35 Church Ave
Colo Vale



09:30-12:00



24 spaces available



[eventbrite.com.au/e/sustainable-
farm-tour-and-native-nursery-tour-
tickets-470766143207](https://www.eventbrite.com.au/e/sustainable-farm-tour-and-native-nursery-tour-tickets-470766143207)
or 02 4868 0888



Please enquire with event organisers if you
have accessibility requirements



FREE

**WED
1
FEB**



COMMUNITY CAFÉ WINGELLO

Pop by for a chat and the chance to connect with others living in the area.

Come by yourself or with a friend or carer, the main thing is for you to show up, have fun and have a coffee on us!



Wingello Village Store
67 Railway Parade
Wingello



10:00-11:00
No bookings required



Outdoor seating is accessible



FREE



YERRINBOOL RAILWAY GARDEN TOUR & MORNING TEA

Join Jan and Maryann at the Yerrinbool Railway Garden for a tour and morning tea to celebrate Seniors Festival in the Wingecarribee Shire.



Yerrinbool Railway Station
Old Hume Hwy
Yerrinbool



10:30-11:30



RSVP to Maryann on 0405 266 481
or Jan on 0450 525 138.



Please enquire with event organisers
if you have accessibility requirements.



FREE

THU
2
FEB



MOTIVIEW SHOWCASE

Come and try Harbison's Motiview indoor cycling program. Motiview is designed to increase health and wellbeing through physical activity, mental stimulation and social connectedness.



Harbison Moss Vale
36 Yarrawa Rd
Moss Vale



10:00-11:30



RSVP to Darleen on 02 4868 6200 or
darleen.parker@harbisoncare.org.au



Physically accessible venue



FREE



HEALTHY BODIES, HEALTHY MINDS

How can you keep your brain healthy as you get older? Join Dr Diana Karamacoska, a neuroscientist and brain health advocate from Western Sydney University, for an interactive workshop on how to keep a healthy body and healthy mind.

Light refreshments available.



Civic Centre Theatrette
68 Elizabeth St
Moss Vale



10:00-12:00



eventbrite.com.au/e/seniors-festival-2023-healthy-bodies-healthy-minds-presentation-tickets-469704096597
or 02 4868 0888



Physically accessible venue




FREE


**FRI
3
FEB**




IRIS: A BEAMAFILM SCREENING AT BOWRAL LIBRARY


Iris pairs legendary documentarian Albert Maysles (*Grey Gardens*, *Gimme Shelter*) with Iris Apfel, the quick-witted, flamboyantly dressed 93-year-old New York style icon and muse. More than fashion, this is a story about creativity, design and a free spirit who continues to inspire, reminding us that dressing (and life) is nothing but an experiment. Rated M.

 Bowral Library
16-24 Bendooley St
Bowral

 10:00-11:30

 25 spaces available

 [eventbrite.com.au/e/seniors-festival-2023-beamafilm-screening-iris-tickets-469709633157](https://www.eventbrite.com.au/e/seniors-festival-2023-beamafilm-screening-iris-tickets-469709633157)
or 02 4868 0888

 Physically accessible venue

 FREE





COMMUNITY CAFÉ HILL TOP


Pop by for a chat and the chance to connect with others living in the area.

Come by yourself or with a friend or carer, the main thing is for you to show up, have fun and have a coffee on us!

 Hill Top Village Bakery
and Café Shop 5/9 W
Parade
Hill Top

 10:00-11:00
No bookings required

 Outdoor seating is
accessible.


 FREE




FUN THINGS TO DO WITH YOUR PHOTOS

Improve your digital skills and build confidence to use online services that connect with your interests with CTC Robertson this Seniors Festival.

Bring along your phone, tablet or laptop and learn how to manage, store and edit your photos online.


 Civic Centre Theatrette
68 Elizabeth St
Moss Vale

 11:00-12:30

 info@robertsonctc.org.au

 [robertsonctc.org.au](https://www.robertsonctc.org.au)

 <https://www.trybooking.com/CEFKO>

 Physically accessible venue

 FREE

**FRI
3
FEB**



LEARN ABOUT GUNDUNGURRA COUNTRY AT GUULA NGURRA NATIONAL PARK & BUSH TUCKER MORNING TEA

Learn and explore the cultural significance and environmental importance of Guula Ngurra National Park with Gundungurra Traditional Owners. Taste and learn about the natural flavours of bush tucker foods and bush medicines.



Guula Ngurra National Park
2678 Tugalong Rd
Canyonleigh



10:00-12:30



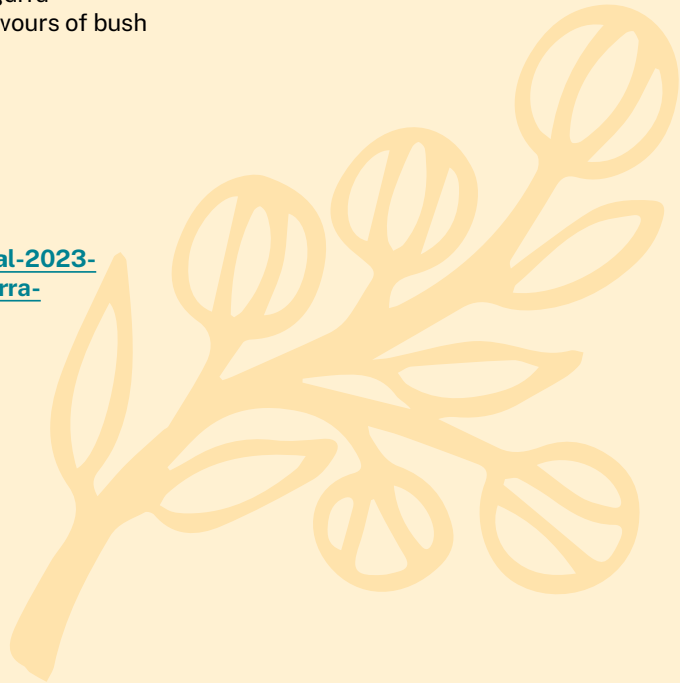
<https://www.eventbrite.com.au/e/seniors-festival-2023-learn-about-gundungurra-country-at-guula-ngurra-tickets-469712030327>



Please enquire with event organisers if you have accessibility requirements.



FREE



SAT 4 FEB



LEARN THE FINER POINTS OF SCONE MAKING

Come along and enjoy learning the finer points of making the famous CWA scone! Moss Vale Evening CWA will take you through a scone making demonstration followed by a delicious morning tea.



Moss Vale Community Centre
14 Queen St
Moss Vale



10:30-14:00



25 spaces available



RSVP to Jennifer on
0418 600 068 or
mossvaleeveningcwa@gmail.com



Physically accessible venue



FREE



RESEARCHING FAMILY HISTORY

Interested in starting a family history project and not sure where to start?

Join us for an introduction to getting started on your research, tips and tricks to finding information, and using online services. Afternoon tea provided.



CTC Robertson
58-60 Hoddle St
Robertson



13:30-15:30



info@robertsonctc.org.au



robertsonctc.org.au



<https://www.trybooking.com/CEFKP>



Physically accessible venue



FREE



ART IN THE PARK WITH BEAUTIFUL SOUNDS

Create art in the beautiful gardens of Retford Park. Local Artists of the Round Yard will be on hand to offer expertise and guidance. Enjoy atmospheric soundscapes created by Louise Bell. Bring your own art supplies (pencils, water colours, sketchbook, etc).



Retford Park
1325 Old South Rd
Bowral (Merrigang nearest cross St)



14:00-16:00



40 spaces available



[eventbrite.com.au/e/seniors-festival-2023-art-in-the-park-with-beautiful-sounds-tickets-469711398437](https://www.eventbrite.com.au/e/seniors-festival-2023-art-in-the-park-with-beautiful-sounds-tickets-469711398437)
or 02 4868 0888



Please enquire with event organisers if you have accessibility requirements.



FREE

MON 6 FEB



COMMUNITY CAFÉ EXETER

Pop by for a chat and the chance to connect with others living in the area.

Come by yourself or with a friend or carer, the main thing is for you to show up, have fun and have a coffee on us!



Exeter General Store
1 Exeter Rd
Exeter



10:00-11:00
No bookings required



Physically accessible venue



FREE



ZERO WASTE GIFTS WORKSHOP

Come and join us for a workshop on how to make practical gifts that are beautiful and useful while reusing and reducing waste. Try your hand at creating a zero waste gift that you can take away with you!

Light refreshments available.



Resource Recovery Centre
177 Berrima Rd
Moss Vale



10:00-11:30



15 spaces available



[eventbrite.com.au/e/zero-waste-gifts-workshop-tickets-459746964547](https://www.eventbrite.com.au/e/zero-waste-gifts-workshop-tickets-459746964547)
or 02 4868 0888



Physically accessible venue



FREE



YERRINBOOL RAILWAY GARDEN MINI MART

Come along to the monthly mini mart at Yerrinbool Railway Garden. You'll find propagated plants and herbs, seeds, homemade goods from local producers, and gardeners who are happy to swap their seedlings and cuttings.



Yerrinbool Railway Station
Old Hume Hwy
Yerrinbool



10:30-11:30
No bookings required



Please enquire with event organisers if you have accessibility requirements.



FREE to attend

**TUE
7
FEB**



CELEBRATE TOGETHER – MITTAGONG

Mittagong Seniors will give a demonstration of activities including Ukulele groups, Singing, Line Dancing and games. Morning tea provided.



Mittagong Community Centre, Albert Lane Mittagong



09:30-12:00
No bookings required



[facebook.com/
groups/271492330018962](https://www.facebook.com/groups/271492330018962)



Physically accessible venue



FREE



BUNDANOON COMMUNITY GARDEN

Come and learn more about the Bundanoon Community Garden as we plan to start work in a new location. Contact Hannah if you're interested in coming along to the existing site in Tallong or if you're interested in helping to plan our new site in Bundanoon!



09:30-12:00



RSVP to Hannah on
0429 640 552



or contact via the Facebook page [facebook.com/
bundanooncommunitygarden/](https://www.facebook.com/bundanooncommunitygarden/)



Please enquire with event organisers if you have accessibility requirements.



FREE



INTERCHANGE AUSTRALIA MORNING TEA

Come and join Interchange Australia for morning tea and an information session aimed to help you navigate your way through the Commonwealth Home Support Program (CHSP), Home Care Packages (HCP) and the introduction of the 'Support at Home Program' in 2024.



Springett House
518 Moss Vale Rd Burradoo



10:00-11:30



40 places available



RSVP to Kim on
02 4868 6688 or
KimT@interchangeau.org



Physically accessible venue



FREE

TUE 7 FEB



A MAN CALLED OTTO SCREENING AT THE EMPIRE CINEMA

Based on the comical and moving # 1 New York Times bestseller, A Man Called Otto tells the story of Otto (Tom Hanks), a grumpy widower who is very set in his ways.



The Empire Cinema
327 Bong Bong St
Bowral



10:30



185 places available



eventbrite.com.au/e/seniors-festival-2023-a-man-called-otto-screening-tickets-469713705337
or 02 4868 0888



Physically accessible venue



FREE



SCAMS AWARENESS & STAYING SAFE ONLINE

On Safer Internet Day, come and hear about how to keep yourself safe online. Learn ways to protect yourself from scammers, and have your questions answered by representatives from NBN and the local police.

Afternoon tea provided.



Civic Centre Theatrette
68 Elizabeth St
Moss Vale



14:00-16:00



eventbrite.com.au/e/seniors-festival-2023-scams-awareness-and-staying-safe-online-tickets-469718188747
or 02 4868 0888



Physically accessible venue



FREE

**WED
8
FEB**



PLANNING FOR THE REST OF YOUR LIFE

Join us for an information day packed to the brim with advice and strategies for maintaining a healthy and active lifestyle and planning for the future.

Hear about how volunteering keeps people active in the community, what supports are available if you need a bit more help and learn about My Aged Care. Have your questions answered about wills, Enduring Powers of Attorney and Enduring Guardian arrangements, Advance Care Plans and Directives, and learn about local supports that can help you after a medical diagnosis or event.

A range of local services will also be on hand for you to meet in person.



Civic Centre Theatrette
68 Elizabeth St
Moss Vale



09:30-16:00



[eventbrite.com.au/e/seniors-festival-2023-planning-for-the-rest-of-your-life-tickets-469701619187](https://www.eventbrite.com.au/e/seniors-festival-2023-planning-for-the-rest-of-your-life-tickets-469701619187)

or 02 4868 0888



Physically accessible venue



FREE



**WED
8
FEB**



COMMUNITY CAFÉ BUNDANOON

Pop by for a chat and the chance to connect with others living in the area.

Come by yourself or with a friend or carer, the main thing is for you to show up, have fun and have a coffee on us!



Delicious
5 Railway Ave Bundanoon



10:00-11:00
No bookings required



Outdoor seating is accessible.



FREE



YERRINBOOL RAILWAY GARDEN TOUR & MORNING TEA

Join Jan and Maryann at the Yerrinbool Railway Garden for a tour and morning tea to celebrate the Seniors Festival in Wingecarribee Shire.



Yerrinbool Railway Station
Old Hume Hwy Yerrinbool



10:30-11:30



RSVP to Maryann on
0405 266 481 or
Jan on 0450 525 138.



Please enquire with event organisers if
you have accessibility requirements.



FREE



THU
9
FEB


CREATIVE SPACE DROP IN

Creative? Crafty? Interested in Art?


Meet Makers working during our Open Studio session and book in for an upcoming workshop/training.


No creative experience necessary! Meet people of all ages, work on projects together or just enjoy the ambience of an Art Studio to do your own thing.

 Creative Space Southern Highlands Units 6-7
63-69 Kirkham Rd
Bowral (enter via Sherwood Ave)

 09:30-12:00 No bookings required


 [facebook.com/CreativeSpaceSouthernHighlands/](https://www.facebook.com/CreativeSpaceSouthernHighlands/)


 Physically accessible venue (close to Bowral Station, parking available)


 Gold coin donation


MOTIVIEW SHOWCASE


Come and try Harbison's Motiview indoor cycling program. Motiview is designed to increase health and wellbeing through physical activity, mental stimulation and social connectedness.

 Harbison Moss Vale
36 Yarrowa Rd
Moss Vale

 10:00-11:30

 RSVP to Darleen on
02 4868 6200 or
darleen.parker@harbisoncare.org.au


 Physically accessible venue


 FREE


STAYING ON THE ROADS SAFELY

Come and hear about staying on the roads safely, and take part in some road safety trivia. Test your understanding of road safety rules, and learn how to make safer choices when driving, riding, walking, using a mobility scooter or catching public transport.


Prizes available for trivia winners, and morning tea available for all!

 Mt Eymard Retirement Village
502 Moss Vale Rd
Bowral

 10:30-12:00

 70 spaces available

 [eventbrite.com.au/e/seniors-festival-2023-staying-on-the-roads-safely-tickets-469693956267](https://www.eventbrite.com.au/e/seniors-festival-2023-staying-on-the-roads-safely-tickets-469693956267)
or 02 4868 0888

 Physically accessible venue

 FREE

**THU
9
FEB**



NBN AMBASSADOR TECH TIME SESSIONS

If you would like help with your device or connection, book in for a 15 or 30 minute one-on-one tech help session with an NBN Ambassador at Bowral Library.



Bowral Library
16-24 Bendooley St
Bowral



Book a time between
10:30-14:30



Contact Bowral Library on 1300
266 235 or visit a library branch to
book



Physically accessible venue



FREE



DEMENTIA AWARENESS & RIGHTS IN AGED CARE

Interested in learning more about how to support people with dementia and their carers? Want to know more about your rights in aged care?

Come along for afternoon tea while hearing from two authors about their experiences supporting their respective husbands with dementia. We will also hear from a local Dementia Australia representative, and an Aged Care Advocate from Seniors Rights Service who will talk about your rights in aged care.



Civic Centre Theatrette
68 Elizabeth St
Moss Vale



14:30-16:00



eventbrite.com.au/e/seniors-festival-2023-dementia-awareness-and-rights-in-aged-care-tickets-469687797847 or 02 4868
0888



Physically accessible venue



FREE



COMMUNITY CAFÉ ROBERTSON

Pop by for a chat and the chance to connect with others living in the area.

Come by yourself or with a friend or carer, the main thing is for you to show up, have fun and have a coffee on us!



CTC Robertson
58-60 Hoddle St
Robertson



10:00-11:00



Physically accessible
venue



FREE



CONNECTING WITH COMMUNITY GROUPS

This expo will provide residents an opportunity to discover the range of community groups that exist within our Shire.

If you've been thinking about joining a community group, but aren't sure where to start, come along and chat with some of the friendly representatives and hear more about what different groups do. Some groups will be providing demonstrations and may invite you to join in on the activities!



Bowral Uniting Church Hall
28 Bendooley St
Bowral



10:00-13:00
No bookings required



Physically accessible venue



FREE



FUN THINGS TO DO WITH YOUR PHOTOS

Improve your digital skills and build confidence to use online services that connect with your interests with CTC Robertson this Seniors Festival.

Bring along your phone, tablet or laptop and learn how to manage, store and edit your photos online.



CTC Robertson
58-60 Hoddle St
Robertson



11:00-12:30



info@robertsonctc.org.au



robertsonctc.org.au



<https://www.trybooking.com/CEFKL>



Physically accessible venue



FREE

SAT 11 FEB



CELEBRATING WOMEN IN SCIENCE

Come and celebrate International Day of Women and Girls in Science by hearing from a panel of local women talking about their careers in science.

Light refreshments provided.



Civic Centre Theatrette
68 Elizabeth St
Moss Vale



10:00-12:00



[eventbrite.com.au/e/seniors-festival-2023-celebrating-women-in-science-tickets-469682461887](https://www.eventbrite.com.au/e/seniors-festival-2023-celebrating-women-in-science-tickets-469682461887)
or 02 4868 0888



Physically accessible venue



FREE



RAPUNZEL'S PARTY

Rapunzel's Party are Helen Archer, Louise Bell, Olive Brennan, Geralyn Cheers, Marita Luck and Glenys Trouncer. These versatile women play guitars, flutes, harp, bass, keyboard and percussion with passion and sensitivity. This talented group of six women offers heartfelt and dynamic songs, irresistible rhythms and soaring vocal harmonies in an enchanting range of styles. Originals and covers.

Light refreshments provided – please bring your own reusable cups where possible.



The Venue
Station St
Bowral



13:00-15:00



70 seats available



[eventbrite.com.au/e/seniors-festival-2023-rapunzels-party-tickets-469678580277](https://www.eventbrite.com.au/e/seniors-festival-2023-rapunzels-party-tickets-469678580277) or 02 4868 0888



Physically accessible venue



FREE

**SUN
12
FEB**



SOUTHERN HIGHLANDS CONCERT BAND

Join the Southern Highlands Concert Band, and vocalist Keva Abotomey, as they feature music about, and from, those wonderful childhood years.

A magical and nostalgic journey that will bring back many happy memories.



Mittagong RSL
Carrington Room
Cnr Hume Hwy & Bessemer St
Mittagong



14:00



175 seats available



[eventbrite.com.au/e/seniors-festival-
2023-southern-highlands-concert-band-
tickets-469661509217](https://www.eventbrite.com.au/e/seniors-festival-2023-southern-highlands-concert-band-tickets-469661509217)

or 02 4868 0888



Physically accessible venue



FREE

Thanks to our supporters

Artists of the Round Yard

Bundanoon Community Garden

Community Circles Australia

Creative Space

CWA Moss Vale Evening Branch

Dementia Australia

End of Life Angels

Harbison

Interchange Australia

Louise Bell

Meals on Wheels

Men's Sheds – Southern Highlands

Mittagong & District Senior
Citizens' Welfare Club

Mittagong RSL

Moss Vale War Memorial Aquatic Centre

Mt Eymard Retirement Village

Mussett Holdings Farm

NBN Co

Ngununggula Regional Art Gallery

NSW Hume Police

Palmer Legal

Rapunzel's Party

Retford Park

Robertson Community Technology
Creativity

Seniors Rights Services

Service NSW

Services Australia

Southern Highlands Community Hospice

Southern Highlands Community
Transport

Southern Highlands Concert Band

The Empire Cinema

The Highland Singers

The Southern Highlands Folk
Dance group

The Venue

Transport for NSW

Wariapendi Native Nursery

Western Sydney University

Wingecarribee Adult Day Centre

Wingecarribee Shire Council

Wingecarribee Volunteer Centre

Yerrinbool Railway Garden



Event bookings open 9am 4 January 2023
wsc.nsw.gov.au/seniors