# **Argyle Housing Newsletter**



## **2024 Summer Edition Queanbeyan**



# Queanbeyan Pop Up Office at Queanbeyan Hive.

Meet face to face with our Queanbeyan Argyle housing staff.

274 Crawford St, Queanbeyan NSW 2620

Every Monday on a weekly basis

9AM – 5 PM

By Appointment only

To book an appointment please call

1300 274 953 / 0439 975 929

## One Door Mental Health Service Queanbeyan

One Door Carer Advocates deliver this program to those who support someone living with a mental illness.

Carer Advocates give you practical support providing you with information to cope, help in building a network of support people, assistance in navigating the mental health system and how to care for yourself.

Our Carer Advocates are also available to help you access local supports and services you need but may not know exist.

For more information about this service, or to book an appointment, please call 0436 322 051

Level 1 Suite 10, 57-59 Monaro Street QUEANBEYAN NSW 2620

#### Acknowledgement of Country.

Argyle Housing acknowledges the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

Argyle HousingCommon Ground 130 The Valley Ave Gungahlin ACT 2912T: 1300 274 953Direct: 02 62423682E: cssnorth@argylehousing.com.au

Did you Know? More than 70 rebates and vouchers are available at Service NSW to help with the cost of living!

Savings finder is a NSW Government initiative to assist you in finding rebates and vouchers that you are eligible for. It's easy to find out what discounts are available.

Service NSW Website

- <u>www.service.nsw.gov.au/campaign/savi</u> ngs-finder
- Call 137788 to book an appointment at a Service NSW Centre near you.
- Staff will help you find and claim your savings.

## **Tips for Fire Safety**

Report faulty smoke alarms Plan your escape from fire Keep roof gutters clear of leaves Keep an eye on smokers Cook carefully Do not use faulty appliances Report any electrical issues or faults Portable air conditioner safety Matches & lighters are tools not toys **STOP, DROP & ROLL** 

## AH maintenance 1300 274 953

## Update Your Contact Information

Have you changed your contact number or your email address recently and forgotten to let us know?

Please update your details by contacting Argyle Housing.

1300 274 953 cssnorth@argylehousing.com.au

### Anglicare Emergency Food Relief

Providing essential food and everyday items to individuals and families experiencing hardship.

If you are in need of emergency food relief, assistance is available from our services located across NSW and ACT.

170 Crawford Street NSW 2620

10:30am-4:00pm

Tuesday to Friday

(02) 6232 9272

**Reminder:** Smoke Alarms are required by law to be tested every year. We have arranged for the Smoke Alarms Australia to conduct these tests. Letters have been sent, so please provide access. If you are required to change the appointment. Please contact Smoke Alarms Australia on **1300 125 276**