

## 2024 Summer Edition SouthWest Sydney



### FREE FOOD, FRUIT & VEGETABLES

**Thursdays:** THE JUNCTION, Claymore  
5:00pm – 5:30pm  
**9 GOULD ROAD, CLAYMORE**

**To learn more about the service:**  
Mobile: 0476 532 002  
E: [vinniesvan@vinnies.org.au](mailto:vinniesvan@vinnies.org.au)

\* **Vinnies Van offers companionship, a warm meal, sandwiches, snacks and information to people experiencing homelessness & social isolation.**

### REMINDER

Smoke Alarms are required by law to be tested every year. We have arranged for Smoke Alarms Australia to conduct these tests. Letters will be sent, so please provide access. If you are required to change the appointment Please contact Smoke Alarms Australia on 1300 125 276

#### Acknowledgement of Country.

Argyle Housing acknowledges the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

# Our Values

Opportunity, Respect,  
Inclusivity,  
Accountability

## Enjoy NSW Free Short Courses by Industry Sector

- Construction
- Accommodation & Food Services
- Arts & Recreation Services
- Education & Training



Contact your nearest training services NSW office.

Ring **13 28 11** to be directed to your nearest office & locations

## Budget Tips

1. Save what you can
2. Settle debt
3. Eliminate bad habits
4. Prioritise your health
5. DIY you can
6. Get coupons
7. Get deals
8. Save electricity
9. Pack your lunch
10. Start a budget

## Waste & Recycling

Join us on the journey to create a future of less waste & a more sustainable lifestyle in Campbelltown City.. Book a kerbside cleanup..

Contact: **Campbelltown Council on 02 4645 4000**



## TIPS FOR FIRE SAFETY:

- Report faulty smoke alarms
- Plan your escape from fire
- Keep an eye on smokers
  - Cook carefully
- Matches & lighters are tools not toys

## Campbelltown Cares

### ADRA Community Centre:

Mallee Rose Cottage: 6 Mallee Place,  
Macquarie Fields:

Hampers

Rent Assistance

Wednesday-Friday – 10am – 12pm

Contact: **02 9829-6701**

### South West Multicultural Community Centre: 4 Surrey Street, Minto

\$10 hampers (fresh & pantry items)

Tuesday 10:30am – 12pm

Dignity frozen meals

Tuesday 10:30am – 12pm

Wednesday 9am – 10am

Contact: **02 9603 2500**

### Anglicare: MULTIPLE LOCATIONS

Food baskets or Vouchers

Monday – Friday 9am – 5pm

Contact: **02 8624 8600**

### We Are Community:

42 Riverside Drive, Airds

Monday – Dinner (3 Course) & Takeaway  
5pm – 6:30pm

Saturday – Hot & Cold Breakfast T/away  
9am – 11am

Sunday – Roast Dinner (3 Course)  
5pm – 6:60pm