

What's on at Hilltops Community Hub? September/October 2024

SEPTEMBER EVENTS:

FREE CHILD PROTECTION WEEK PACKS: ALL MONTH OR WHILE STOCK LASTS! Got little people at home? Call in and grab a **FREE** Child Protection **Goodie Bag** from our team. Everyone with children aged 0-18yrs is eligible while they last so get in quickly!

COMMUNITY MORNING TEA: TUESDAY 24th Sept: Free and open to all of community, join us for our monthly **Hub** morning tea. Meet others, get social and enjoy some nibbles between **10am – 11.30am**. All welcome, no bookings necessary. Lucky door prize!

PAINT IT OUT – ART WORKSHOP: SATURDAY 28th Sept: An expressive Art Workshop led by professional artist Kaz Clarke at the **Hilltops Hub, Campbell St Young**. Let it all out on a big canvas with lots of paint while enjoying the small group atmosphere, morning tea and different styles of expression. No experience necessary. \$30 per person includes all materials, morning tea and take home artwork. **10am – 12.30pm**.

OCTOBER EVENTS:

TEDDY BEARS PICNIC: THURSDAY 3RD October: Join us at **Carrington Park** for a morning of fun for all ages. Kicking off at **10.30am** we'll have games, races, craft and of course our annual Teddy Bear Parade with prizes!! No cost but please **BYO Picnic Lunch**, rug/chairs etc. **And don't forget your TEDDY!**

HARDEN KITE FESTIVAL: SATURDAY 12th October: We're heading to Harden Kite Festival for all the fun! Find us at the Hub Stall where we'll have some great wares for sale and games of chance. All funds raised at the Hub Stall go back into our local area in the form of material aid for those doing it tough. The Kite Festival runs from **10am – 4pm** at **Harden Racecourse** – Burley Griffin Way. If you're looking for a great day out – then this is it. Giant Kites, Lego Building, Petting Zoo, Face Painting, Car Club Display, Rides, Inflatables and more....

HUB ANNUAL GENERAL MEETING: TUESDAY 15th October: Calling members, guests and interested community members.... we'd love to have you join us at our upcoming AGM. To be held at the **Marie McCormick Centre** between **1-3pm**, this is a great chance to hear about the good works, achievements and future direction of your Community Hub. Afternoon tea on us, so let us know you're coming!

CARERS OUTING/BARGAIN SEEKERS BUS TRIP: THURSDAY 17th October: Inviting all **Carers** to join us as we celebrate all you do with a Bargain Seekers Bus Trip. Leaving the Hub at **9.15am**, we'll visit some of our staff's favourite Op Shops where those inclined can 'fossick' for bargains. We'll do a stop off for lunch on us at one of our local towns and the bus will return to town/the Hub at **2.30pm**. Give us a call for more information/to book your seat!

ROCK FOR RECOVERY: SUNDAY 27th October: Join us and our community partners from **11am** at the **Young PCYC** for a day of entertainment and good times in support of wellbeing and mental health recovery. Entertainment as locals compete for best performance, lucky dips, face-painting and a Classic Car/Bike Show and Shine. Something for everyone and it's **FREE!!**

COMMUNITY MORNING TEA: TUESDAY 29th October: Free and open to all of community, join us for our monthly **Hub** morning tea. Meet others, get social and enjoy some nibbles between **10am – 11.30am**. All welcome, no bookings necessary. Lucky door prize!

WHAT'S NEW:

POP UP PANTRY: COMING TO A TOWN NEAR YOU: Staff are doing the rounds with some generous **FREE** Pantry giveaways. You pick – we'll pack! And we'll even make you a cuppa while you wait. Please **BYO bag** to take home your shopping. All Welcome. Days/times coming up are: **5/9: Boorowa Library 10-12 & Rye Park Showground Hall 1-3pm**
12/9: Murringo Memorial Hall 10am – 12noon **PTO**

TAX HELP AT THE HUB: on now until October 31st: Get **FREE** help with your **tax return** this year at the **Hub**. If you earn \$50k or less and your tax affairs are pretty simple, you are eligible for this service. ATO trained Volunteer. Apts available most Thursdays and some Tuesdays. Give us a call for more details/bookings.

FREE & CONFIDENTIAL LEGAL ADVICE: We are delighted to announce that **Macarthur Legal Centre** are now visiting us bi-monthly and welcoming appointments. Solicitors from Macarthur can advise on various legal issues including Family Law, Child Support, minor Traffic matters, Wills and Guardianship, debts and fines + more. Available for community members living in Young and surrounds. Call the Hub to book (drop in not available).

REGULAR PROGRAMS: (please call to book for all programs as space is limited)

BASIC SEWING: Adults: Learn to mend, thread, do seams and plan simple projects. Suitable for beginners or those wanting to practice their skills. **\$5** per person with morning tea supplied. **BYO Lunch**. Fortnightly **Mondays 10am – 2pm**. Phone for dates/to book.

BUSY KIDS: Wednesday mornings **10am-12noon** at the **Marie McCormick Centre during school terms**. This fun program for **0-5yr olds** and their grown-ups is ideal for working on creativity, fine and gross motor skills and increasing your families' social network! Assist your little ones to explore a different theme each week e.g. nature, science, music/sound and work on art, craft and construction projects. **Gold coin donation** with all materials and refreshments provided. Inclusive, supportive environment.

DRUMMING CIRCLE: Adults: Wednesdays from **12.30-1.30pm** at the **Hub – 2c Campbell St Young**. Learn simple drumming techniques for fun and relaxation. Guided but plenty of self-expression and laughs too. **No cost**, drums supplied, beginners & regulars welcome.

ART WITH ROBYN WHEELER: Held on **fortnightly Thursdays** between **10am – 1pm** for adults. Be led by experienced facilitator and artist Robyn step-by-step to produce an acrylic painting to take home. New subjects each fortnight, all materials and refreshments supplied. **\$30** per person. Suitable for beginners or more experienced artists.

CRAFT CLUB: Friday mornings **10am-12noon**. Participants may choose to work on projects from home, make use of free Hub craft materials to produce a work of their choice or participate in a structured activity. **\$2** includes a variety of materials and morning tea. Suitable for beginners or regular crafters. Small, friendly group! All welcome.

COMPUTER GROUP: Every **Friday 2-4pm:** Experienced facilitator, small group of friendly and welcoming people aged 45+. **\$2** per person. Ask questions and get the answers!

GRIEF & LOSS COUNSELLING: TUESDAY MORNINGS at the **Hub** from **9am** by appointment. For anyone **18yrs and over** wanting to process emotions & feelings related to loss. Think talking things out might be of benefit? Experienced and qualified Volunteer Counsellor available by phoning the Hub on **63826328**. THIS IS A **FREE SERVICE**.

AVAILABLE PARENTING COURSES:

Courses are provided by appointment to individuals, families & groups as required.

Triple P	Engaging Adolescents	Anxiety Coach
123 Magic	Drumbeat for Parents	Circle of Security
Playpower	Keeping Kids in Mind	123 Magic Special Needs....and more!

WHAT ELSE:

- *Information & Referrals
- *Faxing & Typing facilities
- *Cheap Photocopying
- *Support with Forms / Letters / Resume
- *Home of the No Interest Loans Scheme
- *Family Support, Advocacy & Advice
- ***FREE Bread** and other Goodies on our shelves most days!



FOR INFO/BOOKINGS PLEASE PHONE **63826328**
CALL INTO **2C CAMPBELL ST YOUNG**
YOU CAN ALSO VISIT US ON **FACEBOOK** or **INSTAGRAM** or
www.hilltopscommunityhub.com.au